



Manor Adventure



**MONDAY 2ND NOVEMBER –
WEDNESDAY 4TH NOVEMBER 2026**



Things you need:

- Luggage – please restrict this to one case plus one piece of hand luggage. (Metal framed rucksacks should be avoided as they are difficult to fit into the coach)
- A freshly laundered sleeping bag and pillow with pillowcase
- A drink bottle
- Torch (for evening walk)
- Rucksack
- Toiletries etc (please note deodorants must be roll-on, no aerosols or glass bottles)
- Old clothes for activity sessions – (long-sleeved shirts, jumpers, trousers, jogging bottoms (Not denim jeans)
- T-Shirts and closed-toe shoes are required for nearly all sessions so bring plenty.
- Clothes, shoes and underwear for other times.
- Waterproof clothing (jacket / trousers)
- Large plastic bag for dirty clothes
- Bath towels x 2
- Hat & Gloves in the winter
- Pyjamas and slippers

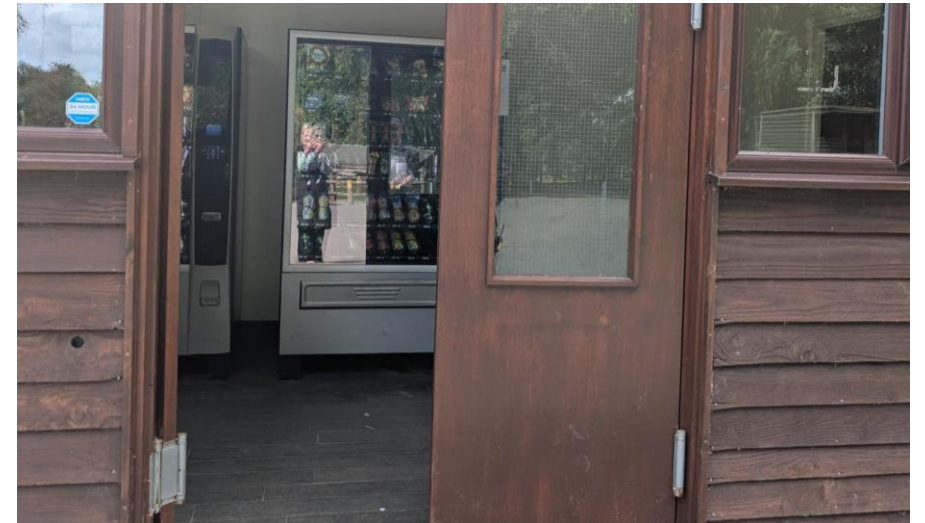
Things you need:

Useful items:

- Books, playing cards and other quiet activities
- Money for snacks (sweets & drinks), souvenirs (i.e. postcards). Please bring coins not notes.

Useful notes

- No glass containers
- No jewellery (including piercings), except for stud earrings
- No wellies
- Please name all clothing
- Denim jeans are not ideal for outdoor use



Itinerary



Day	Session	ACTIVITY GROUPS				
		11	12	13	14	15
<u>Monday</u>		-----Arrivals-----				
15.45 – 17.15	4	U/Maze	O/Course	T/Games	T/Games	T/Games
19.00 – 20.30	5	M/Olympics	M/Olympics	M/Olympics	M/Olympics	M/Olympics
<u>Tuesday</u>						
9.10 – 10.30	1	Video	Boulder	U/Maze	Axe Throw	O/Course
10.45 – 12.15	2	B/Trail	Video	Axe Throw	Boulder	U/Maze
14.00 – 15.30	3	Axe Throw	Fencing	B/Trail	B/Trail	Video
15.45 – 17.15	4	O/Course	B/trail	Video	U/Maze	Fencing
19.00 – 20.30	5	Boulder	U/Maze	O/Course	O/Course	B/Trail
<u>Wednesday</u>						
9.10 – 10.30	1	Fencing	Axe Throw	Fencing	Video	Boulder
10.45 – 12.15	2	T/Games	T/Games	Boulder	Fencing	Axe Throw
		-----Departures-----				

Activity Session Details:

07.30	-	Rise & Shine
08.00	-	Breakfast
09.10 – 10.30	-	Outdoor Pursuit Session 1
10.30 – 10.45	-	Break Time
10.45 – 12.15	-	Outdoor Pursuit Session 2
12.15 – 14.00	-	Lunch Time
14.00 – 15.30	-	Outdoor Pursuit Session 3
15.30 – 15.45	-	Break Time
15.45 – 17.15	-	Outdoor Pursuit Session 4
17.15 – 19.00	-	Evening Meal / Free time
19.00 – 20.30	-	Outdoor Pursuit Session 5
Bedtime	-	21.30

Activities

BLIND TRAIL
OBSTACLE COURSE



Activities

MANOR OLYMPICS



Activities

A man in a grey t-shirt and dark shorts is in the middle of throwing an axe. The axe is captured mid-air, having just left his hand. In the background, another man in a dark polo shirt and dark trousers is walking towards the right. To the left, there is a wooden structure with several targets mounted on it. The ground is covered in wood chips, and the background is a dense forest of green trees.

AXE THROWING



Activities

TEAM GAMES

Activities

A group of children are practicing fencing in a school hallway. In the foreground, two children are engaged in a sparring session. The child on the left is wearing a blue jacket and dark pants, while the child on the right is wearing a red jacket and dark pants. Both are wearing fencing masks and gloves, and holding epees. They are in a ready stance, with their blades extended towards each other. In the background, several other children are sitting on a wooden bench, watching the activity. They are also wearing fencing gear. The hallway has a grey brick wall and a wooden door in the background. A sign on the door reads "DOOR MUST BE CLOSED WHEN CLIMBING". The floor is marked with yellow lines.

FENCING

Activities

UNDERGROUND MAZE



Activities



FILM STUDIES/VIDEO

Activities

A large, dark grey indoor bouldering wall with various climbing holds and routes. The wall is made of a textured material, possibly concrete or stone, and features several horizontal and vertical cracks. Climbing holds are scattered across the wall, including a prominent green hold on the right side. The background shows a dark, industrial-style interior with a corrugated metal ceiling.

INDOOR BOULDERING

Accommodation



Medical & Dietary Requirements

Manor Adventure can cater for a range of medical and dietary requirements, provided they are informed in advance.

To help ensure your child is fully supported during the residential, please:

- Complete all relevant medical and dietary information. Include details of any medical conditions, such as asthma, allergies or epilepsy, as well as any other health concerns or dietary needs.
- Return the completed paperwork by Wednesday 21st October.
- This information will help the school and Manor Adventure staff make the necessary arrangements to keep your child safe and comfortable throughout the trip.
- **Medical Emergencies**
 - In the event of a medical emergency, local GP practices are available for medical advice and assistance. The nearest Accident & Emergency (A&E) department will be accessed if required.
 - The school will work closely with Manor Adventure staff to ensure your child's medical and dietary needs are understood and appropriately supported throughout the residential.



Meal Times

Manor Adventure provides three meals everyday for guests.

Arrival day: first meal is evening meal

Departure day: last meal is lunch

Menus vary day to day. There is always a choice of hot and cold dishes, vegetarian options and a fresh salad bar, with meals served in a communal dining area.