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Dear Parents/Carers,

As part of the Personal, Social, Health and Economic (PSHE) Education, we will be covering a unit based on 'Bereavement and Loss' after half term.

The unit will be based on 5 lessons:

- Lesson 1: Loss
- Lesson 2: Losing someone we love
- Lesson 3: Celebrating life
- Lesson 4: Celebrating life in other cultures
- Lesson 5: When families change

Loss, grief and bereavement are an inevitable part of our lives, so members of our school community will have experienced significant losses or will do so in the future. We think it is important to provide children with the skills they need to manage difficult feelings, to understand grief and be able to support others.

We appreciate that this topic may be difficult for some of our pupils and discussions will be handled in a sensitive and age appropriate way. The course material is available for you to view, should you wish to do so.

Most importantly, if your child has experienced a significant loss or bereavement, recently or in the past, or if there is a family member or friend who is seriously ill, please contact your child's class teacher. We can discuss with you whether it is appropriate for them to be in the lesson and be prepared to give them any additional support they may need.

Should you have any questions or require further information, please contact the school office and we will endeavour to speak with you as quickly as possible.

Yours sincerely,

Miss S Cartwright (Assistant Head)
Mrs Fletcher and Mrs Thomas (PSHE Coordinators)

