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Children's Mental Health Week 2017 6-12 February 2017

Dear Parents and carers,

Leominster Primary School is proud to support Children's Mental Health Week 2017 (6-12 February).

Many children go through tough times just like adults and, in those moments, the smallest acts of kindness can make a big difference. That is why we are joining hundreds of other schools to 'spread a little kindness', by taking part in Children's Mental Health Week.

The Week is hosted by children's mental health charity Place2Be, who support pupils, families and teachers in schools across the UK. We will be holding a **non-uniform day** on **Friday 10**th **February** and ask that children bring in a donation for this worthy charity. There will be activities that the children will take part in, to raise the profile of positive mental health.

If you would also like to get involved and support the campaign, Place2Be has created helpful advice and resources for parents and carers, which you can find on their website: www.childrensmentalhealthweek.org.uk.

Thank you for supporting Children's Mental Health Week 2017 and helping us to **spread a little kindness!**

Yours sincerely,

Mrs C Fletcher (PSHE Coordinator)
Mrs D Swain (Learning Mentor)



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