

**WEEK 1** 28th Oct, 18th Nov, 9th Dec, 20th Jan, 10th Feb, 2nd Mar, 23rd Mar

Monday Planet Earth Day	Tuesday World Food Day Italian	Wednesday Originals Day	Thursday Street Food Day Moroccan	Friday Friday Favourites
Pizza Bar A Selection of Homemade Veggie Pizzas on a Wholemeal Base (v)	Italian Pork Meatballs in a Homemade Tomato Sauce with Pasta	Roast Gammon with Roast Potatoes and Pan Gravy	Chicken Pitta with Steamed Rice	Fish Fingers and Chips
Chickpea and Spinach Curry with Rice (v)	Roasted Vegetable Pasta Bake (v)	Vegan Sausage with Roast Potatoes and Pan Gravy (v)	Vegetable and Bean Moroccan Tagine with Steamed Rice (v)	Veggie Fajitas and Chips (v)
Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese
Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham
Sweetcorn Green Beans	Roasted Seasonal Vegetables	Carrots Parsnips	Broccoli Roasted Peppers	Peas Baked Beans
Fruit Layer Slice	St. Clements Sponge	Raspberry and Coconut Flapjack	Chocolate and Pear Cake with Custard	Fruit Crumble with Custard

**WEEK 3** 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 24th Feb, 16th Mar

Monday Planet Earth Day	Tuesday World Food Day	Wednesday Originals Day	Thursday Street Food Day American	Friday Friday Favourites
Macaroni Cheese (v)	Beef Lasagne	Roast Chicken with Mashed Potatoes and Pan Gravy	Beef Burger with Potato Wedges	Oven Baked Fish and Chips
5 Bean Mild Chilli non Carne with Rice (v)	Sweet Potato and Lentil Dhal with Naan (v)	Cheese and Potato Pie (v)	Veggie Burger with Potato Wedges (v)	Cheese and Tomato Pinwheel with Oven Baked Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Salmon Mayo
Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham
Broccoli Carrots	Cauliflower Green Beans	Roasted Root Vegetables	Sweet Red Onions Sweetcorn	Peas Baked Beans
Fruit Flapjack	Fruit Crumble with Custard	Tropical Fruit Sponge and Custard	Chocolate Shortbread	Berry Crumble Slice

**IF YOUR SCHOOL RETURNS AFTER OCTOBER HALF TERM ON MONDAY 4TH NOVEMBER YOUR MENU RUN WILL START ON WEEK 2.**

**WEEK 2** 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 9th Mar, 30th Mar

Monday Planet Earth Day	Tuesday World Food Day Great British	Wednesday Originals Day	Thursday Street Food Day Asian	Friday Friday Favourites
Veggie Bolognese with Pasta (v)	Pork Sausages with Mashed Potato and Onion Gravy	Roast Pork with Roast Potatoes and Pan Gravy	Chicken Tikka Curry with Rice	Fish Fingers and Chips
French Bread Cheese and Tomato Pizza (v)	Vegan Sausage with Mashed Potato and Onion Gravy (v)	Lentil and Vegetable Shepherdess Pie (v)	Vegetable Chow Mein (v)	Cheese and Onion Pasty with Oven Baked Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham	Sandwich with Tuna, Cheese or Ham
Roasted Peppers Peas	Parsnips Broccoli	Cabbage Carrots	Sweetcorn Seasonal Vegetables	Peas Baked Beans
Oaty Carrot Cake	Cinnamon Apple Crumble with Custard	Chocolate Crispy Cake	Peach Melba Crumble Slice	Berry Swirl Cake

(v) Vegetarian option

Fresh seasonal salad and bread available daily.

Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.

**Allergens**

A gluten free and dairy free menu is available on request, please email [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) please detail on the email, the name of the school your child will be attending. You will then be sent the Gluten or Dairy free menu for that school, you have to complete the menu choice and return to [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) - should no menu be returned your child will not receive an allergy free menu. If your child has multiple allergies, please email [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) and we will talk directly to you.

All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering. All allergen information is available on request from the kitchen.

**Coconut**

Coconut is not considered a nut and does not fall into the peanut or tree nut allergy categories. We do use coconut in our kitchens.